Esthetic Restoration for Patient Satisfaction

One of the goals of an occupational achievement is not only treating patients with the most conservative or effective way but also with the most esthetic option. The limitation of the esthetic option sometimes is the unaffordable prices of dental treatments. Maybe the high costs also limit both the patient and the dentist to use more conservative option. Caries maybe restored with composite resin or a ceramic inlay, if there is an additional color problem of the mentioned tooth, maybe with ceramic crowns. Most patients trust their dentists and are not experienced enough to judge their treatment options. In fact, patients tend generally to decide according to the way they are directed by dentists. Thoughts in the dentist’s mind are related to some factors: knowledge, experience, scientific data, his or her ability for the case and how much he will earn. If there were not these factors, maybe there were more exact indications. Even the most anticipated option should be the scientific one, dentist’s ability or his experience may not also be enough to do it. That is why all dentists should always keep on following the developments of materials and techniques in dentistry. On the contrary, maybe patients also should be informed beforehand or try to judge the options given by the dentist carefully. Even all the factors or possible complications, patients may request and decide the most esthetic option before their dental appointment. And maybe this decision is not a required treatment and there is nothing to be treated, just a more esthetic option was judged and decided by the patient. The dentist may have the knowledge, be experienced enough and has the ability. Suppose that you failed to convince the insistent patient despite having tried hard. Is it fair, in this case, to let the patient see another dentist and pay there? Or will the dentist feel convenient by doing nothing except what was taught to him before? So we should try to do the best esthetic treatment or the esthetic restoration for the patients’ satisfaction and hopes?

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